

Shoulder Strengthening Exercises

Shoulder Service-Department of Orthopaedics
The University of Texas Health Science Center
at San Antonio

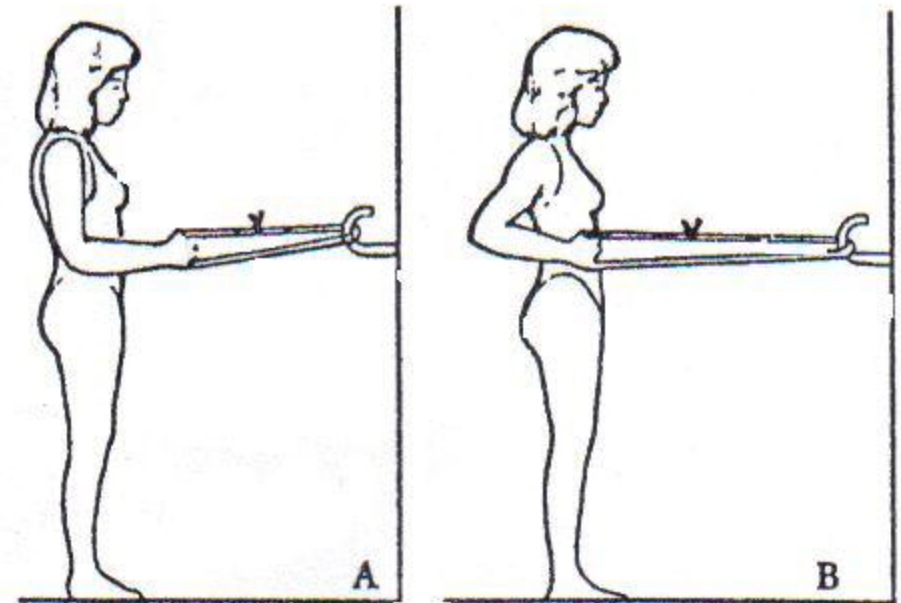


Dr. Nicolás Ramallo

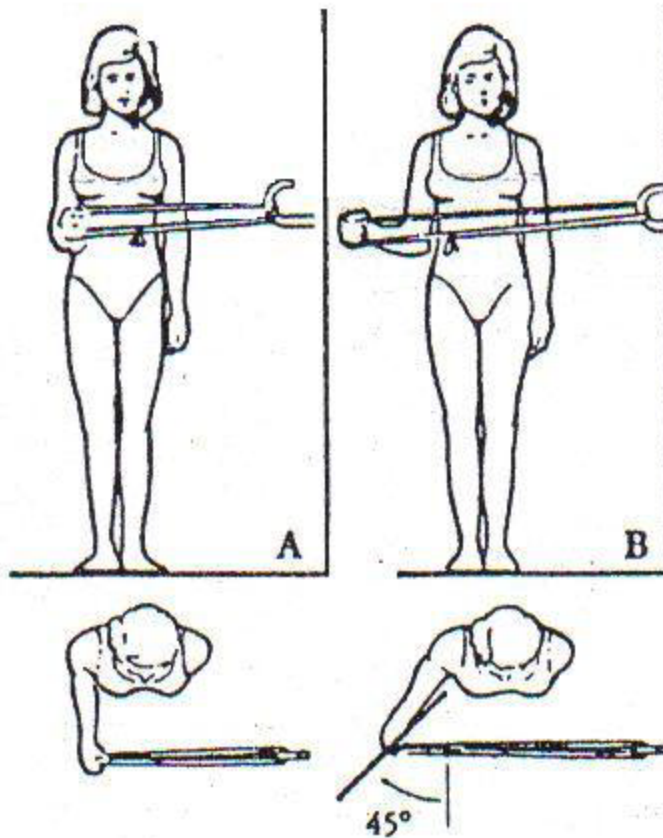
EQUIPO DE CIRUGÍA ARTICULAR

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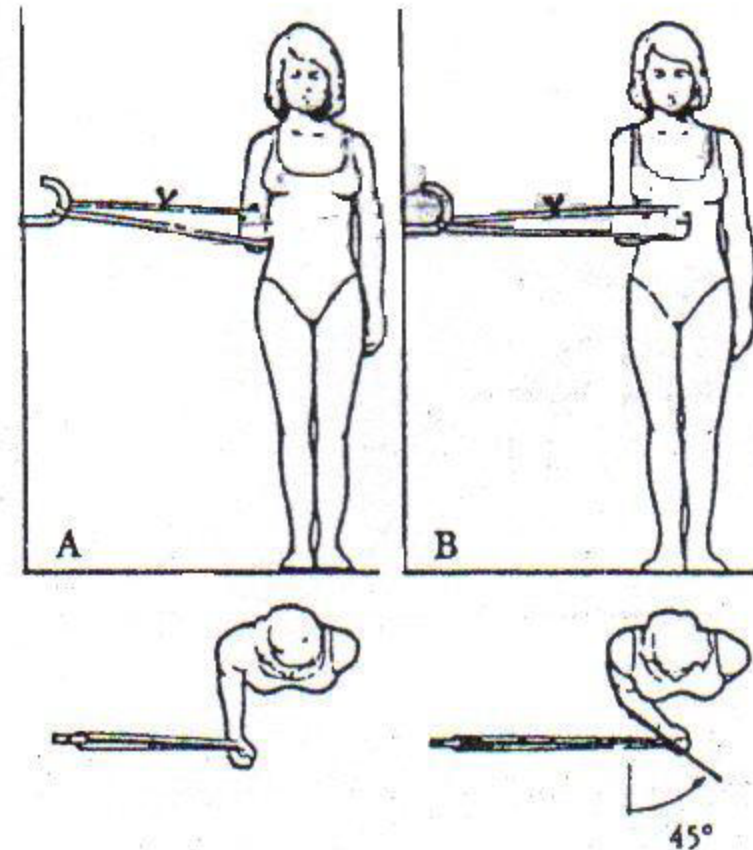
Exercise 3



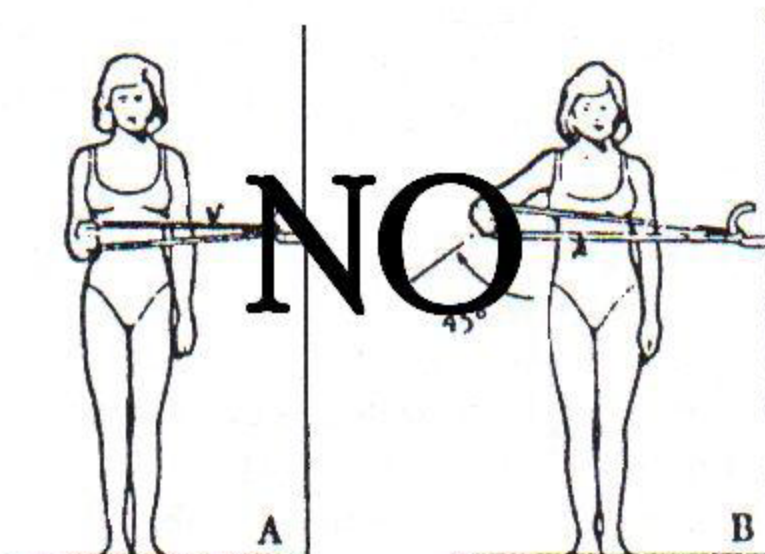
Exercise 1



Exercise 4



Exercise 2



Exercise 5

